






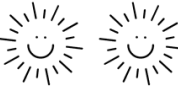





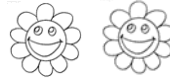










May 2K2DAY













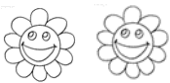













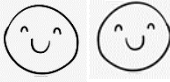




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 10	May 11	May 12	May 13	May 14	May 15	May 16
						
May 17	May 18	May 19	May 20	May 21	May 22	May 23
						
May 24	May 25	May 26	May 27	May 28	May 29	May 30
						
May 31						
						

Your challenge:

Walk, run, gallop, skip 2 kms - 3x/week

Colour a 😊 for each kilometer you get moving!!

June 2K2DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	June 1	June 2	June 3	June 4	June 5	June 6
						
June 7	June 8	June 9	June 10	June 11	June 12	June 13
						
June 14	June 15	June 16	June 17	June 18	June 19	June 20
						
June 21	June 22	June 23	June 24	June 25	June 26	June 27
						
June 28	June 29	June 30	July 1			
			Happy Canada Day!!! 			

Your challenge:

Walk, run, gallop, skip 2 kms - 3x/week
 Colour a 😊 for each kilometer you get moving!!