

Mom's Pantry

• CANADA'S FUNDRAISING SPECIALISTS •

3241 St. Mary's Road, Winnipeg, Manitoba, R2N 4B4
(800) 350-MOMS (6667) • info@momspantry.ca • momspantry.ca
facebook.com/momspantry @MomsPantry



FEATURING
JIM & LEONIE
Mom's Pantry Brand Ambassadors



QUALITY FOOD & BAKING PRODUCTS CLASSIC FUNDRAISING ORDER FORM

WE ARE RAISING FUNDS FOR:

FORREST ELEMENTARY SCHOOL

THANK YOU FOR SUPPORTING OUR FUNDRAISING DRIVE



WEBSITE UPDATE!

For a complete list of ingredients, nutritional information, and high quality product photos, please visit our website at momspantry.ca



EASY ONLINE ORDERING!

Simply add items to your cart, and check out using the numbers below!

ORDER NUMBER:
298064

GROUP PASSCODE:
37004

Important - Please complete all fields - Please print clearly

SELLER #

Mom's Pantry office use only.

BUYER

last name

first name

daytime phone number

SELLER

last name

first name

daytime phone number

PAYMENT INFORMATION

GRAND TOTAL \$ _____

TOTAL NUMBER OF ITEMS ORDERED : _____

Taxes already included where applicable
GST 103406435

PAYMENT METHOD



Cheque

Credit Card



DO NOT WRITE YOUR CREDIT CARD
NUMBER ON THIS FORM.

See below for instructions.**

AUTHORIZATION #

* Please make cheques payable to your group or organization.

** For confidentiality, please call our office at 1-800-350-MOMS (6667) when paying with a credit card. We will provide you with your authorization number to enter on this form. You must still complete the order form and return it to your seller. If you are ordering online, do not submit this form or call in phone payment.

♻ Please recycle unused forms.

Forms expire: 31 December 2019

v.1

QTY CODE PRICE TOTAL

40% GOURMET RUBS & MARINADES

Rub directly onto meat, or try mixing a few tablespoons of seasoning with 1/2 cup lemon juice and 1/2 cup olive oil. Use as a marinade, or brush onto steaks, pork chops, ribs, chicken, or shrimp skewers.

___ 0101	Greek (150 g)	\$ 8.90
___ 0103	Honey Lime Chipotle (140 g)	\$ 8.90
___ 0104	Souvlaki (70 g)	\$ 8.90
___ 0107	Turkey Rub (85 g)	\$ 8.90
___ 0108	Mango Chipotle (140 g)	\$ 9.90
___ 0111	Mango Habanero (140 g)	\$ 9.90
___ 0109	Whiskey Flavour Steak Rub (150 g)	\$ 8.90
___ 0110	Kansas City Rib Rub (130 g)	\$ 8.90
! ___ 0112	Maple Pepper Seasoning (90 g)	\$ 7.90
___ 0113	Harissa Spice Blend (85 g)	\$ 7.90

A fragrant Moroccan seasoning, adds zest to pasta, couscous, bean, and vegetable dishes.

40% BLENDS & SEASONINGS

Mom's Own Blends & Seasonings are sure to add ease and delight to your cooking experience!

___ 0201	Cajun Spice (140 g)	\$ 6.90
___ 0202	Crushed Chillies (55 g)	\$ 4.90
___ 0203	Garlic Plus (100 g)	\$ 9.90
	A garlic infused multi-purpose seasoning!	
___ 0204	Hamburger Seasoning (130 g)	\$ 6.90
___ 0205	Italian Seasoning (45 g)	\$ 5.90
___ 0206	Lemon Pepper (no salt) (65 g)	\$ 8.90
___ 0207	Mom's Own No Salt Seasoning (110 g)	\$ 8.90
	A delicious blend of spices and dehydrated vegetables, a perfect topping for any dish.	
___ 0208	Montreal Chicken Seasoning (150 g)	\$ 6.90
___ 0209	Montreal Steak Spice (150 g)	\$ 7.90
___ 0210	Pizza Spice (90 g)	\$ 6.90
___ 0211	Roasted Garlic & Red Pepper (130 g)	\$ 8.90
___ 0212	Seasoning Salt (no MSG) (115 g)	\$ 6.90
___ 0213	Spaghetti Spice (80 g)	\$ 6.90
___ 0214	Taco Meat Seasoning (115 g)	\$ 6.90
___ 0215	Chipotle Fajita Seasoning (120 g)	\$ 8.90
___ 0217	Potato Seasoning (130 g)	\$ 6.90

40% GOURMET SEA SALTS

Sea salt is a natural, gourmet substitute for regular, refined table salt. These delicious coarse sea salt blends are sure to inspire new cooking ideas!

! ___ 0300	Himalayan Pink Salt (225 g)	\$ 6.90
___ 0301	Coarse Sea Salt (225 g)	\$ 6.90
___ 0302	Roasted Garlic & Sea Salt (120 g)	\$ 8.90
___ 0303	Lemon Dill Sea Salt (120 g)	\$ 7.90
___ 0304	Mediterranean Sea Salt (100 g)	\$ 7.90
___ 0305	Red Hot Sea Salt (110 g)	\$ 7.90

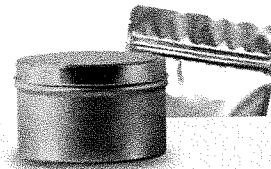
COLUMN TOTAL

QTY CODE PRICE TOTAL

40% TRADITIONAL SPICES

Mom's spices will enhance the flavour, colour, and aroma of your cuisine. Top quality, excellent value.

___ 0401	Allspice, ground (70 g)	\$ 5.90
___ 0403	Basil (35 g)	\$ 4.90
___ 0404	Bay Leaves, hand picked (10 g)	\$ 4.90
___ 0405	Cayenne Pepper (60 g)	\$ 5.90
___ 0406	Celery Salt (115 g)	\$ 5.50
___ 0407	Chili Powder, Mexican (95 g)	\$ 6.90
___ 0408	Chinese Five Spice (60 g)	\$ 6.90
___ 0409	Cinnamon, ground (80 g)	\$ 6.90
___ 0410	Cinnamon Sticks 3" (80 g)	\$ 7.90
___ 0411	Cloves, ground (60 g)	\$ 8.90
___ 0412	Dill Weed (25 g)	\$ 5.90
___ 0413	Garlic Powder, granules (115 g)	\$ 6.90
___ 0414	Ginger, ground (50 g)	\$ 5.90
___ 0415	Mustard Powder (65 g)	\$ 5.90
___ 0416	Nutmeg, ground (70 g)	\$ 8.90
___ 0417	Onion Flakes (80 g)	\$ 5.90
___ 0418	Onion Powder (100 g)	\$ 5.90
___ 0419	Oregano (25 g)	\$ 5.90
___ 0420	Paprika, Hungarian (70 g)	\$ 6.90
___ 0421	Parsley Flakes (25 g)	\$ 4.90
___ 0422	Pepper, black, ground (80 g)	\$ 6.90
___ 0423	Pepper, black, whole (90 g)	\$ 6.90
___ 0424	Assorted Peppercorns (90 g)	\$ 9.90
	(black, green, pink, white)	
___ 0425	Poultry Seasoning (60 g)	\$ 5.90
___ 0426	Rosemary, whole (35 g)	\$ 4.90
___ 0427	Sage, ground (60 g)	\$ 5.90
___ 0428	Thyme, ground (60 g)	\$ 5.50



TIN & GUSSET PACKAGING

Our dry products now come packaged in resealable tins & stand-up pouches. More user friendly, more conveniently sized, and better for your kitchen!

40% INDIAN SPICES

Add the taste of India to your cuisine!

___ 0501	Coriander, ground (75 g)	\$ 5.90
___ 0502	Cumin Seed, ground (95 g)	\$ 6.90
___ 0503	Curry Powder, Madras (110 g)	\$ 6.90
___ 0504	Turmeric, ground (110 g)	\$ 6.90
___ 0505	Garam Masala Blend (105 g)	\$ 6.90
! ___ 0506	Saffron (Spanish, Superior) (1 g)	\$ 14.90

COLUMN TOTAL

QTY CODE PRICE TOTAL

40% DIP MIXES

No preservatives. No added MSG. Just mix with sour cream, cream cheese, or mayonnaise, and enjoy!

___ 0601	Honey Dill Dip (250 g)	\$ 10.90
	A Manitoba favourite. An ultimate pairing with breaded chicken.	
___ 0602	Chive & Garlic Dip (110 g)	\$ 9.90
___ 0603	Dill Dip (130 g)	\$ 9.90
___ 0604	Mango Curry Dip (100 g)	\$ 9.90
___ 0606	Party Time Dip (130 g)	\$ 9.90
___ 0607	Roasted Red Pepper Dip (120 g)	\$ 9.90
! ___ 0605	Mild Mexican (130 g)	\$ 9.90
___ 0610	Guacamole Dip (110 g)	\$ 9.90
___ 0611	Sriracha Dip (120 g)	\$ 9.90
___ 0612	Sweet Chili Dip (125 g)	\$ 9.90

40% POPPING CORN & POPCORN SEASONINGS

In plastic shaker top containers - an excellent topper on popcorn, potatoes, chips, or vegetables.

___ 1105	Mom's Own Popping Corn (600 g)	\$ 6.90
___ 0701	White Cheddar (45 g)	\$ 6.00
___ 0702	Salt & Vinegar (80 g)	\$ 6.00
___ 0703	Ranch (60 g)	\$ 6.00
___ 0704	Double Dill (75 g)	\$ 6.00
___ 0705	Kettle Corn (65 g)	\$ 6.00
___ 0707	Super Ketchup (90 g)	\$ 6.00
___ 0708	Butter Salt (65 g)	\$ 7.00

40% BAKING SUPPLIES

All your classic baking essentials, packaged in just the right size!

___ 0801	Angel Flake Coconut (300 g)	\$ 9.90
___ 0802	Baking Powder, double-action (450 g)	\$ 7.90
___ 0803	Baking Soda (450 g)	\$ 4.90
___ 0804	Corn Starch (400 g)	\$ 5.90
___ 0806	Pure Dutch Cocoa (250 g)	\$ 10.90
___ 0807	Cream of Tartar (100 g)	\$ 5.90

40% DRIED FRUITS

Great for baking, snacking, or both!

___ 1401	Banana Chips (200 g)	\$ 5.90
___ 1402	Cranberries (250 g)	\$ 6.90
___ 1403	Dates, pitted (300 g)	\$ 6.90
___ 1404	Raisins, seedless (325 g)	\$ 7.90

LEGEND

- !** New Product
- GF** Guaranteed Gluten Free
- PF** Guaranteed Peanut/Tree Nut Free
- CK** Certified Kosher
- CL** Clean Label Product

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40% SPREADS

The **#1 BEST SELLER**, our exclusive garlic spread recipe. Cholesterol free, low in saturated fat, and completely trans fat free! Cinnamon Spread is back by popular demand!

1201	Garlic Spread (440g)	\$7.00
1202	Cinnamon Spread (440g)	\$7.00
1203	Combo Pack (440g x 2)	\$13.00

1 x Garlic Spread
1 x Cinnamon Spread

30% PREMIUM READY-TO-BAKE TREATS

Delicious strudel & mini-strudel treats, from the freezer to the oven ready in 20 minutes!

CL PF	1704 Mom's Mini Strudels (24 x 45g)	\$31.50
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// 100% butter recipe //
6 x maple mini strudel
6 x cream cheese mini strudel
6 x raspberry mini strudel
6 x salted caramel mini strudel

40% Light and flaky, our strudels have the taste of homemade goodness!

1702	Apple Strudels (24 x 95g)	\$29.90
1703	Assorted Strudels (24 x 95g)	\$29.90

6 x apple strudel
6 x lemon strudel
6 x cherry strudel
6 x blueberry strudel

20% Absolutely decadent, these massive savoury danishes are the best of the best!

CL PF	1707 Mom's Own Savoury Bistros (12 x 110g)	\$33.50
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4 x margherita bistro
4 x leek & parmesan bistro
4 x spinach & feta bistro

40% Scrumptious fruit filling and cream cheese, enveloped in flaky puff pastry. Back to our original recipe!

1701	Assorted Fruit Sticks (24 x 87g)	\$33.90
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8 x strawberry & cream cheese
8 x blueberry & cream cheese
8 x raspberry & cream cheese

30% BREAD & DINNER ROLLS

Individually frozen, and partially cooked. Just choose your desired amount, and bake. No more proofing!

PF	2004 Assorted Crusty Rolls, pre-baked (24 per case)	\$23.50
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7 x white (40g each)
7 x whole wheat (40g each)
5 x rye (50g each)
5 x multigrain (40g each)

40%	2003 Buttery Flake Rolls (36 x 45g)	\$26.90
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Our traditional recipe. Proof and bake. Melt in your mouth, layered buttery goodness.

CL	2006 Mini French Baguettes (18 x 68g)	\$19.90
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Perfect for mini sandwiches or bread sticks.

COLUMN TOTAL

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30% MOM'S FAMOUS BAKERY

Our most popular croissant! Made in the authentic French style with 100% real butter. Pre-proofed and pre-glazed, from your freezer to your oven in 30 minutes!

CL	2400 Perfect Butter Croissants (24 x 78g)	\$39.50
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Still like our traditional proof and bake croissant? Our classic margarine blend recipe proofs in 4 to 5 hours.

PF	2401 Proof & Bake Croissants (24 x 71g)	\$27.90
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Complete our famous cinnamon rolls, below, with a delicious frosting made with real cream cheese.

2402	Cinnamon Rolls (24 x 71g)	\$27.90
1305	Cream Cheese Icing (907g plastic tube)	\$15.00

20% These massive filled croissants are sure to be a hit with your family. Imported directly from France!

2405	Gourmet Chocolate Hazelnut Croissants (12 x 90g)	\$30.90
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Can't decide which croissant to go with? Try them all with this brand new assorted pack!

!	2406 Assorted Croissants (12 x various sizes)	\$29.50
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6 x Perfect Butter Croissant (78g)
6 x Gourmet Chocolate Hazelnut Croissant (90g)

30% TART & PIE SHELLS

Both tart shells and pie shells come unbaked and unsweetened. Perfect for your holiday baking needs.

COR	1901 2" Tart Shells (80 x 16g)	\$28.90
COR	1902 3" Tart Shells (90 x 19g)	\$30.90
COR	1903 9" Pie Shells (15 x 170g)	\$37.90
COR	1904 9" Pie Lids (15 x 142g)	\$26.90

Try our 5" shell & lid combo, Perfect for meat pot pies, or mini tourtières!

COR	1905 5" Pie Shell & Lid Combo Pack (24 of each)	\$39.90
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Complement any size tart shell with our customer favourite butter tart filling mix!

1351	Butter Tart Filling Mix (500g)	\$12.90
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An easy to use, one-step mix. Simply add hot water, stir, and fill Mom's Own Tart Shells.

30% MOM'S OLDE TEA SHOPPE

Featuring HotCups loose tea selections. (40g / loose tea, makes approx. 20 cups)

!	GF	2126 White & Green Tea Lychee \$14.90
One of our most desired loose leaf teas. Mild taste of lychee with white tea.		
!	GF	2127 Almond & Cherry Xplosion \$14.90
Almond and cranberry join hands to bring you this tea with exploding flavours.		
!	GF	2128 Herbal Witch Blend \$14.90
Truly your peppermint fix. Perfect tea blend for festive days, blended with orange peel, apple pieces, and peppermint.		
!	GF	2129 Black Tea & Cocoa \$14.90
Black tea leaves from farms in India and Cocoa nibs from remote places in Ghana.		
!	GF	2130 Matcha (Product of Japan) \$14.90
Matcha is premium green tea powder from Japan used for drinking as tea or as an ingredient in recipes.		

COLUMN TOTAL

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OLD-FASHIONED COOKIE DOUGH & MUFFIN BATTER

Back to our original recipes, just like you remember. Now completely trans fat free!

40% Cookies Scoop & Bake, 3lb tubs. Can be refrozen.

COR	1501 Chocolate Chunk	\$20.00	
COR	1502 White Chocolate Macadamia Nut	\$20.00	
COR	1503 Rainbow Chocolate (M&M's)	\$20.00	
COR	1506 Double Chocolate Chunk	\$20.00	
PF	1507 Shortbread	\$20.00	
PF	1508 Ginger Snap	\$20.00	
COR	1509 Cranberry White Chocolate	\$20.00	
COR	1514 Honey Oatmeal Raisin	\$20.00	
!	COR	1515 Chocolate Sea Salt Caramel	\$20.00

40% Muffins Scoop & Bake, 3lb tubs. Can be refrozen.

COR	1601 Blueberry Passion	\$20.00
COR	1602 Banana Dream	\$20.00
COR	1603 California Carrot	\$20.00
COR	1604 Lemon Poppysseed	\$20.00

30% MOM'S OLDE TEA SHOPPE (CONT.)

Featuring the Bigelow tea line & Malcolm's hot chocolate.

28 tea bags per box except the variety pack 30% more tea than before, at a lower price!

GF	2117 Assorted Green Tea Variety Pack (64 tea bags)	\$27.00
8 x green tea 8 x earl grey green tea 8 x decaff green tea 8 x green tea w/ lemon 8 x green tea w/ mint 8 x constant comment 8 x green tea w/mango 8 x green tea w/ peach		
GF	2118 English Breakfast	\$9.90
Start your day with a rich bold robust cup of tea.		
GF	2119 Lemon Lift	\$9.90
Tea and Lemon, the perfect pair!		
GF	2120 Earl Grey	\$9.90
We are adamant about using only the best bergamot oil. Sourced from the same garden in Calabria, Italy year after year.		
GF	2121 Peppermint	\$9.90
Peppermint is known to help calm the stomach and is good for overall digestion.		
GF	2122 Green Tea	\$9.90
What makes ours so special is hand-picked from high elevation gardens.		
GF	2123 Cozy Chamomile	\$9.90
Chamomile is good for you, both soothing and relaxing. No better way to wind down.		
GF	2124 Sweet Dreams	\$9.90
Our blend of chamomile and mint leaves will calm your nerves and soothe your soul.		

Check out our brand new Premium Hot Chocolate, below!

COR	2116 Malcolm's Hot Chocolate (400g)	\$9.90
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Delicious Premium Hot Chocolate. Milk Chocolate flavour, made with real Dutch cocoa!

EASY ONLINE ORDERING

Have you wondered what our products look like? Do you have a question about an ingredient. All of this information, and more, is available online.


www.momspantry.ca




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QTY	CODE	PRICE	TOTAL
30% POUTINERIE			
Make your own poutine from scratch with these authentic and delicious ingredients!			
_____	1010 Montreal Poutine Sauce (200 g)	\$ 7.90	_____
_____	3001 White Cheddar Cheese Curds (300 g)	\$ 10.90	_____
_____	3002 Straight Cut Skin-On French Fries (2.27 kg)	\$ 9.90	_____
30% PIZZA SHOP			
Just add your favourite toppings to our frozen crusts, and bake for 10-15 minutes. New and improved recipe!			
_____	2901 Mom's Own Pizza Crusts (8 x 12")	\$ 34.50	_____
<i>Want to get a little more creative? Try rolling your own crust with our brand new dough balls. Or forget the pizza, and create something entirely original from scratch!</i>			
_____	2900 Dough Balls (4 x 450 g)	\$ 15.00	_____
<i>Looking for something even easier? Our superb mini-calzone style pizza snack. Just pop them in the microwave and they're done!</i>			
_____	2902 Panzerotti Pizza Snacks (3 x 935 g) Pepperoni & Cheese About 11 snacks per 935 g bags	\$ 29.90	_____
_____	2904 Individual 5" Cheese & Pepperoni Pizzas (16 x 85 g)	\$ 27.90	_____
<i>On a restricted diet? Our brand new gluten free pizza crusts come on their own individual baking sheets to prevent cross contamination.</i>			
_____	2903 Gluten Free Pizza Crusts (4 x 12")	\$ 29.90	_____
20% SPRING ROLLS & SAMOSAS			
Approximately 50 spring rolls (1.1kg per case)			
_____	2801 Mini Veggie Spring Rolls	\$ 36.00	_____
_____	2802 Mini Chicken Spring Rolls	\$ 36.00	_____
<i>Our samosas are authentic and handmade with the highest quality ingredients. Comes with tamarind dipping sauce.</i>			
_____	2803 Samosas, vegetable with tamarind sauce (12 x 65 g)	\$ 22.00	_____
30% PIEROGIES			
Approximately 200 to 220 pierogies per case (6 x 1 kg) (\$ 1.85 to \$ 1.96 per dozen). Homemade recipe. The thinnest, softest dough in the industry.			
_____	2601 Potato & Cheddar Cheese	\$ 34.00	_____
_____	2602 Potato & Cheddar & Bacon With 100% REAL bacon!	\$ 35.00	_____
_____	2603 Assorted Pierogies (3 bags of each variety above)	\$ 36.00	_____
20% PREPARED MEATS			
Oven-ready meat products, quick and easy.			
_____	2704 Chicken Tender Strips (2 kg, breaded)	\$ 39.90	_____
_____	2705 Italian Meatballs (5 lb) ½ oz fully cooked meatballs, Approximately 160 per case	\$ 39.90	_____
COLUMN TOTAL			

QTY	CODE	PRICE	TOTAL
20% FRUITS, VEGGIES, & PROTEIN POWDER			
Our gourmet fresh fruit and vegetable mixes. No added ingredients or preservatives. Individually flash frozen for maximum freshness! (All mixes packaged in 1 kg bags)			
_____	2204 Mom's Fruity Mix (1kg) Banana, strawberries, blueberries. (Formerly Smoothie Mix)	\$ 12.90	_____
_____	2205 Antioxidant Blend (1kg) Blueberries, raspberries, cherries, strawberries, cranberries, blackberries, saskatoon berries.	\$ 17.90	_____
_____	2211 Fiesta Fruit Blend (1kg) Blackberries, strawberries, peaches.	\$ 12.90	_____
_____	2212 Unflavoured Whey Protein Powder (250g) Fuel your personal health and fitness goals with our whey protein powder, an excellent source of protein for all ages. Pairs great with our frozen fruit mixes.	\$ 14.90	_____
30%			
_____	2206 Teriyaki Stir-Fry Mix Whole green beans, broccoli florets, onions, sugar snap peas, red peppers.	\$ 11.90	_____
_____	2207 Fajita Mix Onion strips, red, green, and yellow pepper strips.	\$ 9.90	_____
_____	2210 Stir-Fry Supreme Broccoli, sugar snap peas, baby corn, red peppers, yellow peppers, onions.	\$ 12.90	_____
30% SUPERFOODS CL			
Delightfully natural & healthy superfoods.			
_____	2501 Hulled Hemp Seeds (190 g)	\$ 12.90	_____
_____	2502 Organic Black Chia Seeds (300 g)	\$ 12.90	_____
_____	2503 Organic Quinoa (450 g)	\$ 9.90	_____
_____	2504 Tri-colour Organic Quinoa (450 g)	\$ 11.90	_____
_____	2509 Shelled Roasted Almonds (300 g)	\$ 10.90	_____
_____	2510 Flax Seed, whole (450 g)	\$ 5.90	_____
30% SNACK MIXES CL			
An old favourite, and some new delights! Delicious trail mixes with no peanuts in sight.			
_____	1801 Santiago Mix (200 g) Raisins, roasted sunflower seeds, roasted cashews, pumpkin seeds, roasted almonds.	\$ 9.90	_____
_____	1802 Organic Health Mix (150 g) Raisins, cranberries, coconut, cashews, & almonds. (all organic ingredients)	\$ 9.90	_____
30% CLING FILM			
In a class of its own, at 12" x 1000'.			
_____	5001 Cling Film Wrap	\$ 26.90	_____
YOUR PURCHASES MATTER!			
			
Look for this symbol to see how much your group benefits from each purchase!			
COLUMN TOTAL			

QTY	CODE	PRICE	TOTAL
40% TRADITIONAL GRAVY & SOUP BASES			
Easy to make, old-fashioned homemade quality. Just add water & heat for a delicious soup or gravy.			
<i>Traditional Soups & Gravies</i>			
_____	1001 Beef Gravy Base (450 g)	\$ 8.90	_____
_____	1002 Chicken Gravy Base (450 g)	\$ 9.90	_____
_____	1003 Beef Soup Base (450 g)	\$ 8.50	_____
_____	1004 Beef Soup Base, no added MSG (450 g)	\$ 9.50	_____
_____	1005 Chicken Soup Base (450 g)	\$ 8.50	_____
_____	1006 Chicken Soup Base, no added MSG (450 g)	\$ 9.50	_____
<i>Gourmet Soups</i>			
_____	1007 French Onion Soup Base (200 g)	\$ 9.90	_____
_____	1009 Cream of Potato Soup Base (225 g)	\$ 9.90	_____
40% GLUTEN FREE & SODIUM REDUCED INSTANT MIXES AND BASES			
We cut the salt, not the taste. No gluten, no added MSG, no trans fat, no artificial colours or flavours.			
_____	GF 0902 Poultry Gravy Base (200 g)	\$ 9.90	_____
_____	GF 0903 Brown Gravy Base (200 g)	\$ 9.90	_____
_____	GF 0904 Chicken Soup Base (200 g)	\$ 9.90	_____
_____	GF 0905 Beef Soup Base (200 g)	\$ 9.90	_____
30% DINNER IDEAS			
No category can contain these delicious selections!			
 Famous Idaho Grown potatoes!			
_____	GF 0951 Idahoan Scalloped Potatoes (577 g) A generous family sized serving of a dinner classic! Guaranteed trans fat and gluten free.	\$ 15.90	_____
_____	GF 0952 Red Bean Chili Mix (380 g)	\$ 9.90	_____
<i>Just mix with boiling water, and simmer! Add your own extra veggies, and/or meat to create your own delicious recipe. Serves approximately six people.</i>			
_____	0953 Mom's Cheese Sauce (220 g) 100% real cheese sauce, mix with water and butter and add to any noodle/pasta dish.	\$ 9.90	_____
40% DRIED GRAINS, BEANS, & LEGUMES CL			
Combine these ingredients with Mom's Own Chicken or Beef Soup Base for a rich and hearty bowl of your favourite soup.			
_____	1101 Pearl Barley (600 g)	\$ 6.90	_____
_____	1102 Green Split Peas (600 g)	\$ 5.90	_____
_____	1104 Vegetable Flakes (120 g)	\$ 5.90	_____
_____	1103 Organic 15 Bean & Lentil Soup Mix (600 g)	\$ 13.90	_____
ALLERGY ALERT			
Our suppliers are extremely careful in the production of our products.			
To help lower risk to your family, we no longer carry any products with peanut ingredients.			
However, unless otherwise noted, please be aware that our products may contain trace amounts of peanuts, nuts/tree nuts, sesame seeds, milk, egg, and/or wheat. Please use your discretion when ordering.			
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